
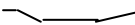


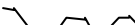






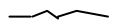


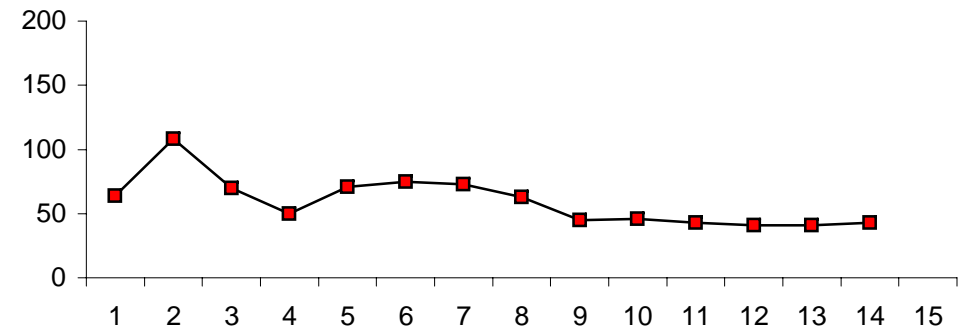
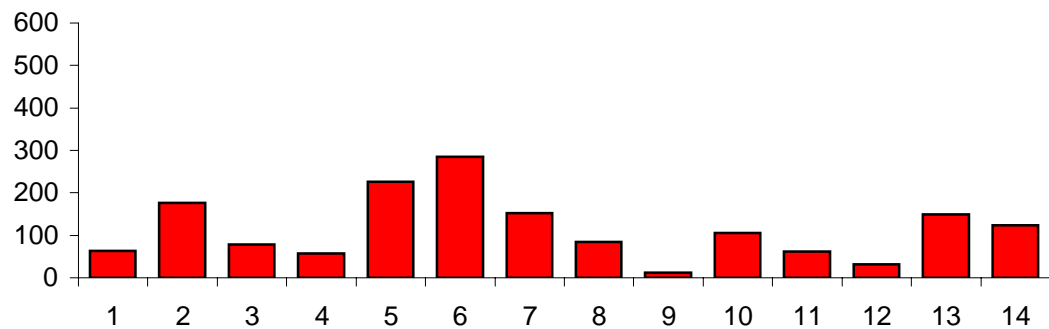


Nr.	Strecke	Länge/km	Höhe/m	Profil	Läufer	Zeit	Rang	1/v m.s/km	v km/h	Gesamtzeit	Gesamtrang
1	Buchegg-Hönggerb.	4.4	45		Cornelia Klingler	00:20:00	64	4.33	13.20	00:20:00	64
2	Hoenggerb.-Buchlern	13.25	105		Regula Baumberger	00:57:24	177	4.20	13.85	01:17:24	108
3	Buchlern-Üetliberg	6.2	400		Martin Schäfer	00:32:24	78	5.14	11.48	01:49:48	70
4	Üetliberg-Felsenegg	5.9	105		Enrico Klotzsch	00:26:13	57	4.27	13.50	02:16:01	50
5	Felsenegg-Buchlern	14.27	275		Thomas Paul	01:04:07	226	4.30	13.35	03:20:08	71
6	Buchlern-Hönggerb.	11.1	195		Andi Walser	00:53:54	285	4.51	12.36	04:14:02	75
7	Hönggerb.-Irchel	5.1	35		Kiam Ramezami	00:23:36	153	4.38	12.97	04:37:38	73
8	Irchel-Fluntern	6.15	190		Tobias Bremi	00:27:38	84	4.30	13.35	05:05:16	63
9	Fluntern-Forch	11.3	165		Christian Degen	00:44:19	12	3.55	15.30	05:05:16	45
10	Forch-Egg	8.63	145		Ursula Gisel	00:39:39	106	4.36	13.06	06:29:14	46
11	Egg-Zumikon	12.99	380		Markus Bitterli	00:55:40	62	4.17	14.00	07:24:54	43
12	Zumikon-Witikon	5.83	90		Franz Baumberger	00:24:51	31	4.16	14.08	07:49:45	41
13	Witikon-Fluntern	4.9	85		Nassir Mojarad	00:21:25	150	4.22	13.73	08:11:10	41
14	Fluntern-Irchel	5.64	45		Vahid Sandoghdar	00:25:08	123	4.27	13.46	08:36:18	43
Einzelrang						Gruppenrang					



Nr.	Strecke	Länge/km	Höhe/m	Profil	LäuferIn	Zeit	Rang	1/v m.s/km	v km/h	Gesamtzeit	Gesamtrang
1	Buchegg-Hoenggerb	4.4	45		Barbara Feurer	00:25:08	471	5.43	10.50	00:25:08	471
2	Hoenggerb-Buchlern	13.25	105		Ueli Degen	01:13:12	668	5.31	10.86	01:38:20	660
3	Buchlern-Üetliberg	6.2	400		Alois Renn	00:35:59	253	5.48	10.34	02:14:19	582
4	Üetliberg-Felsenegg	5.9	105		Amos Schtalheim	00:29:10	199	4.57	12.14	02:43:29	509
5	Felsenegg-Buchlern	14.27	275		Sandro Mollet	01:03:13	193	4.26	13.54	03:46:42	363
6	Buchlern-Hönggerb.	11.1	195		Alex Wiederkehr	00:55:14	343	4.59	12.06	04:41:56	355
7	Hönggerb.-Irchel	5.1	35		Mario Agio	00:22:23	91	4.23	13.67	05:04:19	295
8	Irchel-Fluntern	6.15	190		Evgueni Kleimenov	00:35:11	524	5.43	10.49	05:39:30	320
9	Fluntern-Forch	11.3	165		Herrmann Bach	00:54:59	249	4.52	12.33	06:34:29	300
10	Forch-Egg	8.63	145		Moiken Feddersen	00:51:25	643	5.57	10.07	07:25:54	352
11	Egg-Zumikon	12.99	380		Stephen Hogan	01:04:37	354	4.58	12.06	08:30:31	346
12	Zumikon-Witikon	5.83	90		Daniela Bach	00:28:39	175	4.55	12.21	08:59:10	316
13	Witikon-Fluntern	4.9	85		Dieter Franzke	00:21:15	140	4.20	13.84	09:20:25	286
14	Fluntern-Irchel	5.64	45		Felix Graf	00:27:20	284	4.51	12.38	09:47:45	278
Einzelrang						Gruppenrang					

