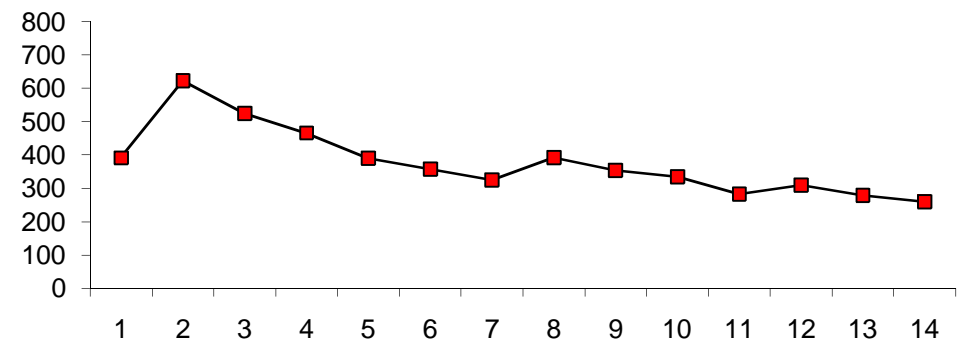
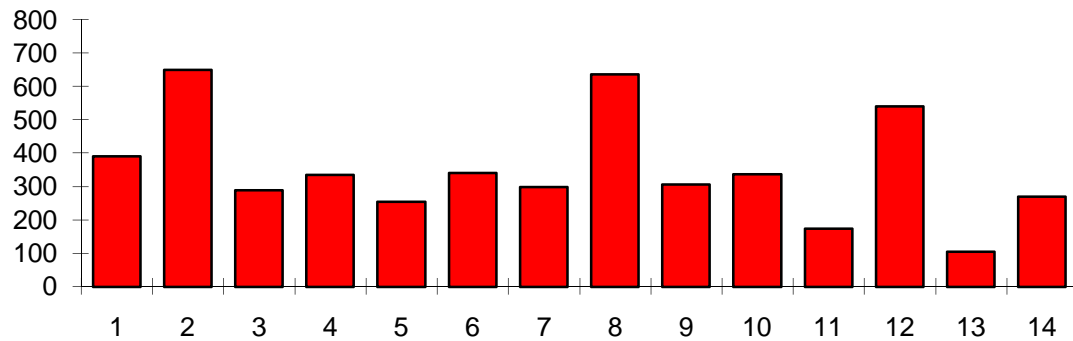


Nr.	Strecke	Länge/km	Höhe/m	Profil	LäuferIn	Zeit	Rang	1/v m.s/km	v km/h	Gesamtzeit	Gesamtrang
1	Buchegg-Hoenggerb	4.4	45		Barbara Feurer	00:24:05	392	5.28	10.96	00:24:05	392
2	Hoenggerb-Buchlern	13.25	105		Mario Agio	01:09:47	650	5.16	11.39	01:33:52	624
3	Buchlern-Üetliberg	6.2	400		Alois Renn	00:36:16	290	5.51	10.26	02:10:08	526
4	Üetliberg-Felsenegg	5.9	105		Amos Schtalheim	00:30:26	336	5.09	11.63	02:40:34	467
5	Felsenegg-Buchlern	14.27	275		Stephen Hogan	01:05:36	256	4.36	13.05	03:46:10	391
6	Buchlern-Hönggerb.	11.1	195		Alex Wiederkehr	00:54:45	341	4.56	12.16	04:40:55	359
7	Hönggerb.-Irchel	5.1	35		Christa Haase	00:25:40	299	5.02	11.92	05:06:35	326
8	Irchel-Fluntern	6.15	190		Phillip Kukura	00:37:56	637	6.10	9.73	05:44:31	393
9	Fluntern-Forch	11.3	165		Herrmann Bach	00:55:46	306	4.56	12.16	06:40:17	355
10	Forch-Egg	8.63	145		Daniela Bach	00:44:46	338	5.11	11.57	07:25:03	335
11	Egg-Zumikon	12.99	380		Thomas Paul	01:00:12	174	4.38	12.95	08:25:15	283
12	Zumikon-Witikon	5.83	90		Moiken Feddersen	00:34:23	541	5.54	10.17	08:59:38	310
13	Witikon-Fluntern	4.9	85		Dieter Franzke	00:21:24	106	4.22	13.74	09:21:02	279
14	Fluntern-Irchel	5.64	45		Felix Graf	00:26:28	270	4.42	12.79	09:47:30	260
Einzelrang						Gruppenrang					



Nr.	Strecke	Länge/km	Höhe/m	Profil	Läufer	Zeit	Rang	1/v m.s/km	v km/h	Gesamtzeit	Gesamtrang
1	Buchegg-Hönggerb.	4.4	45		Juliane Bremi	00:21:24	136	4.52	12.34	00:21:24	135
2	Hoenggerb.-Buchlern	13.25	105		Martino Poggio	00:47:39	11	3.36	16.68	01:09:03	16
3	Buchlern-Üetliberg	6.2	400		Martin Schäfer	00:32:33	83	5.15	11.43	01:41:36	20
4	Üetliberg-Felsenegg	5.9	105		Marco Pirota	00:29:35	264	5.01	11.97	02:11:11	35
5	Felsenegg-Buchlern	14.27	275		Christian Degen	00:56:47	42	3.59	15.08	03:07:58	27
6	Buchlern-Hönggerb.	11.1	195		Sandro Mollet	00:46:41	61	4.12	14.27	03:54:39	26
7	Hönggerb.-Irchel	5.1	35		Lutz Petersen	00:23:56	175	4.42	12.79	04:18:35	28
8	Irchel-Fluntern	6.15	190		Tobias Bremi	00:28:02	67	4.33	13.16	04:46:37	27
9	Fluntern-Forch	11.3	165		Stefan Steiner	00:44:33	17	3.57	15.22	04:46:37	23
10	Forch-Egg	8.63	145		Regula Baumberger	00:37:49	42	4.23	13.69	06:08:59	23
11	Egg-Zumikon	12.99	380		Markus Bitterli	00:53:54	31	4.09	14.46	07:02:53	24
12	Zumikon-Witikon	5.83	90		Brigitte Baumberger	00:27:12	74	4.40	12.86	07:30:05	25
13	Witikon-Fluntern	4.9	85		Nassir Mojarad	00:22:24	184	4.34	13.13	07:52:29	25
14	Fluntern-Irchel	5.64	45		Franz Baumberger	00:23:27	91	4.09	14.43	08:15:56	24
Einzelrang						Gruppenrang					

