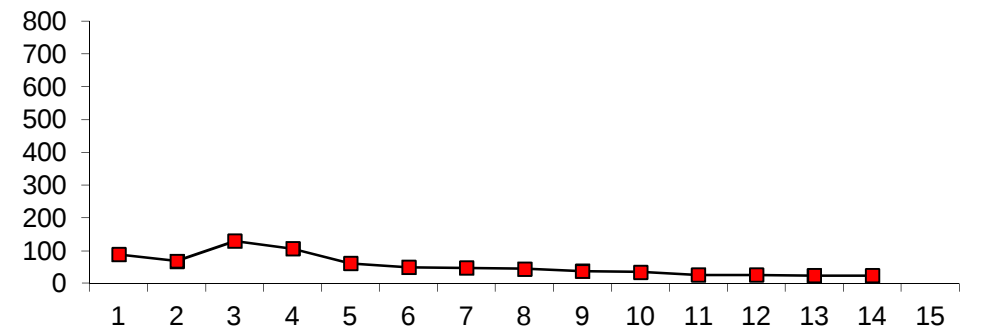
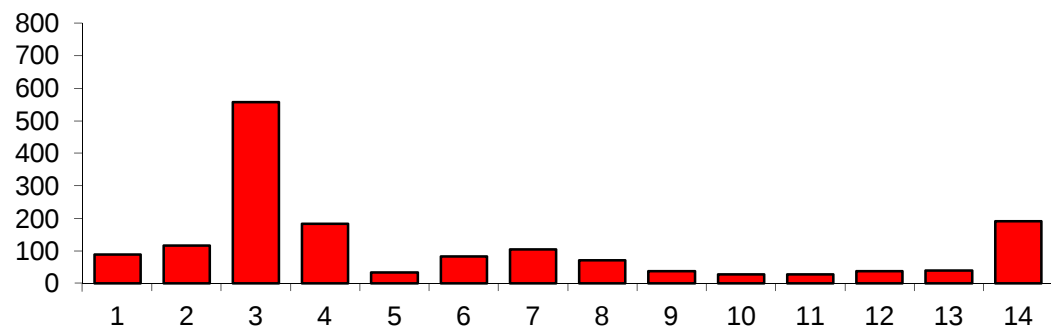


Nr.	Strecke	Länge/km	Höhe/m	Profil	Läufer	Zeit	Rang	1/v m.s/km	v km/h	Gesamtzeit	Gesamtrang
1	Buchegg-Hönggerb.	4.4	56		Brigitte Baumberger	00:20:48	89	4.44	12.69	00:20:48	89
2	Hoenggerb.-Buchlern	13.25	130		Vanessa Wood	00:55:09	117	4.10	14.42	01:15:57	69
3	Buchlern-Üetliberg	6.2	420		Helge Ewers	00:40:14	557	6.29	9.25	01:56:11	130
4	Üetliberg-Felsenegg	5.9	130		Alex Wiederkehr	00:28:33	183	4.50	12.40	02:24:44	107
5	Felsenegg-Buchlern	14.02	290		Stefan Steiner	00:55:53	34	3.59	15.05	03:20:37	62
6	Buchlern-Hönggerb.	11.1	190		Martin Schäfer	00:48:21	84	4.21	13.77	04:08:58	50
7	Hönggerb.-Irchel	5.1	45		Tucker Carrington	00:23:13	105	4.33	13.18	04:32:11	48
8	Irchel-Fluntern	6.34	215		Tobias Bremi	00:28:32	71	4.30	13.33	05:00:43	45
9	Fluntern-Forch	11.3	255		Martio Poggio	00:47:17	39	4.11	14.34	05:00:43	38
10	Forch-Egg	8.75	165		Regula Baumberger	00:37:16	29	4.16	14.09	06:25:16	35
11	Egg-Zumikon	12.99	405		Christian Degen	00:52:50	28	4.04	14.75	07:18:06	27
12	Zumikon-Witikon	5.83	75		Alois Renn	00:26:04	38	4.28	13.42	07:44:10	27
13	Witikon-Fluntern	4.9	90		Sandro Mollet	00:19:12	40	3.55	15.31	08:03:22	25
14	Fluntern-Irchel	5.64	60		Franz Baumberger	00:25:37	192	4.33	13.21	08:28:59	25
		115.72	2526.00								
Einzelrang						Gruppenrang					



Nr.	Strecke	Länge/km	Höhe/m	Profil	LäuferIn	Zeit	Rang	1/v m.s/km	v km/h	Gesamtzeit	Gesamtrang
1	Buchegg-Hoenggerb	4.4	56		Inga Jordan	00:24:29	417	5.34	10.78	00:24:29	417
2	Hoenggerb-Buchlern	13.25	130		Gregorio Sablone	01:13:00	745	5.31	10.89	01:37:29	699
3	Buchlern-Üetliberg	6.2	420		Johannes Schneider	00:49:05	812	7.55	7.58	02:26:34	784
4	Üetliberg-Felsenegg	5.9	130		Bradley Moores	00:29:26	242	4.59	12.03	02:56:00	726
5	Felsenegg-Buchlern	14.02	290		Thomas Paul	01:03:14	219	4.31	13.30	03:59:14	585
6	Buchlern-Hönggerb.	11.1	190		Jorge Ferreira	01:15:13	849	6.47	8.85	05:14:27	730
7	Hönggerb.-Irchel	5.1	45		Amos Schtalheim	00:24:34	200	4.49	12.46	05:39:01	689
8	Irchel-Fluntern	6.34	215		Andreas Walser	00:31:23	227	4.57	12.12	06:10:24	641
9	Fluntern-Forch	11.3	255		Herrmann Bach	00:58:53	469	5.13	11.51	07:09:17	621
10	Forch-Egg	8.75	165		Daniela Bach	00:45:49	409	5.14	11.46	07:55:06	587
11	Egg-Zumikon	12.99	405		Nassir Mojarad	01:17:40	761	5.59	10.04	09:12:46	664
12	Zumikon-Witikon	5.83	75		Juliane Bremi	00:30:26	297	5.13	11.49	09:43:12	623
13	Witikon-Fluntern	4.9	90		Dieter Franzke	00:23:36	323	4.49	12.46	10:06:48	600
14	Fluntern-Irchel	5.64	60		Hans-Jakob Wörner	00:34:06	772	6.03	9.92	10:40:54	631
Einzelrang						Gruppenrang					

